

RBT Skill Acquisition

FunPrep Cheat Sheet

POSITIVE REINFORCEMENT

Add something to increase behavior. Praise, tokens, breaks to preferred activity.

NEGATIVE REINFORCEMENT

Remove something aversive to increase behavior. Escape from demands.

PROMPT HIERARCHY

Most to least OR least to most, per the plan.

DTT

Discrete trial training. Clear SD, response, consequence. Fast-paced, structured.

NET

Natural environment teaching. Follow the learner's motivation in real settings.

SHAPING

Reinforce successive approximations of the target behavior.

CHAINING

Forward and backward chaining teach one link at a time. Total task teaches every step in each session.